RAM form mailed 10/30/78

[redacted]
Springfield, IL 62707

October 17, 1978

Robert A. Monroe
Monroe Institute of Applied Sciences
P. O. Box 57
Afton, Virginia 22920

Dear Mr. Monroe:

I am very anxious to hear from you and I am extremely interested in the activities of your institute. My first letter to you came back because I had your first Journeys with the New York address.

For me, the vibrations started of their own accord when I was eighteen, in 1960, and have continued at varying times since. When I came to page 214 in your book and the sentence that says "After several such experiences you will realize you are not being electrocuted.," I had a good laugh. Thank you, Mr. Monroe, for good medicine for a long time of being scared. It feels so good to know that I'm a normal human being after all.

In the last year I have had some out-of-body experiences and I am dealing with fear a lot better. That is to say, after being in Chapter 16 all my life, I am now working in Chapter 17. This summer nothing is going on with me but I have had this experience long enough to know that it is not going to go away. I now have a strong desire to know as much as I can about myself in this respect and, if I can learn to use it as a positive part of myself and develop a sense of humor about it, that's fine, and I feel excited about it.

Please put me on your mailing list.

Respectfully yours,

[redacted]